

**ADVANCED SHORE IMAGING ASSOCIATES**

**PET/CT Patient History Sheet**

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Sex \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Reason for Visit: \_\_\_\_\_ Dx Date: \_\_\_\_\_

Initial Treatment Strategy \_\_\_\_\_ (Diagnosis/Staging) \*\* has not been treated for indication\*\*

Subsequent Treatment Strategy \_\_\_\_\_ (Restaging/Response)

If subsequent staging, prior PET/CT date and facility \_\_\_\_\_

Biopsy: Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, date & anatomical location \_\_\_\_\_

Radiation: Last Tx \_\_\_\_\_ Anatomical location \_\_\_\_\_

Chemo: Last Tx \_\_\_\_\_

Surgical History: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Diabetic: Yes \_\_\_\_\_ No \_\_\_\_\_

How is it controlled? Diet \_\_\_\_\_ Insulin \_\_\_\_\_ Oral Meds \_\_\_\_\_

Has Patient been NPO for at least 4 hours? Yes No

Current Medications: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Dose Information: \_\_\_\_\_ mCi 18F FDG @ \_\_\_\_\_

Injection Site \_\_\_\_\_ IV Technologist: \_\_\_\_\_

Fasting Blood Glucose: \_\_\_\_\_ mg/dL LMP: \_\_\_\_\_

Technologist Notes: \_\_\_\_\_

\_\_\_\_\_

Scan Time: \_\_\_\_\_



## PET/CT

Certain PET/CT procedures require special instructions to prepare you for the test. The imaging facility will provide instructions to follow during your scheduling phone call.

If you've had prior imaging related to your test please obtain CD/report and bring to your appointment.

### A. Non-Diabetic Patients

- Nothing to eat or drink (except water) 6 hours prior to your appointment.
- You are encouraged to **drink plenty of water** the night prior and day of your test.
- Eat a low carbohydrate, low sugar diet the night prior and/or day of your appointment.
  - Common foods to avoid: bagels, pancakes, cereals, pasta, breads, cakes, candy, etc.
- Do not chew gum or suck on hard candy, mints, etc. 6 hours prior to your appointment.
- Medications as prescribed may be taken 6 hours prior to the test.
- No strenuous activity or exercise the night prior and/or day of your appointment.
- Wear warm, comfortable clothing.

### B. Diabetic Patients

- Nothing to eat or drink (except water) 6 hours prior to your appointment.
- You are encouraged to **drink plenty of water** the night prior and day of your test.
- Eat a low carbohydrate, low sugar diet the night prior and/or day of your appointment.
  - Common foods to avoid: bagels, pancakes, cereals, pasta, breads, cakes, candy etc.
- Do not chew gum or suck on hard candy, mints, etc. 6 hours prior to your appointment.
- No strenuous activity or exercise the night prior and/or day of your appointment.
- Wear warm, comfortable clothing.
  - **Fasting glucose must be less than 200 mg/dl at the time of the appointment.**
  - **Please provide your typical glucose levels during the scheduling call.**
  - **Non-diabetic medications may be taken 6 hours prior to the test.**
  - **Insulin and diabetic medications will be reviewed during your scheduling phone call. You will receive instructions depending on your medications and your typical glucose levels. Please have a medication list available.**

You will receive a confirmation call the day prior to your appointment.

Please call 609-380-4175 if you have any questions.